

The Musculoskeletal Institute  
at Anne Arundel Medical Center  
Presents

“Preventing Sports Injuries in Young  
Athletes”

- April 21, 2010 at the Health Sciences Institute, 7<sup>th</sup> Floor Health Sciences Pavilion, 2000 Medical Parkway, Annapolis MD
- Registration and Dinner: 5:30 – 6:15 PM
- Program 6:30 – 9:00 PM

*National Youth Sports Injury Prevention Day was created to promote the awareness and prevention of sports injuries, particularly in youth ages 9 – 19.*

*Lectures from AAMC Orthopedic Surgeons and live demos from physical therapists and athletic trainers will be featured.*

There is no charge, but pre-registration is requested by calling  
**443.481.4000**

Certificates of attendance will be provided

## **!! NATIONAL YOUTH SPORTS INJURY PREVENTION !!**

The first National Youth Sports Injury Prevention Day, created to promote the awareness and prevention of sports injuries particularly in kids 9-19 years old, is the last week in April.

Locally, a conference focused on this concept will be offered (through the sponsorship of the Musculoskeletal Institute at the Anne Arundel Medical Center) on April 21, 2010. This will be a high quality event, with lectures from local orthopedic doctors, and live demonstrations by physical therapists and trainers of research-proven programs you can use with your athletes to prevent injury and play safe.

Registration and (free!) refreshments will be from 5:30-6:15. Conference is 6:30-9:00. **Pre-registration is by phone: 443-481-4000** (ask a nurse); There is no charge. Questions can be directed to [cmorganti@osmc.net](mailto:cmorganti@osmc.net).

The location is the top floor of the new Health Sciences Pavilion at Anne Arundel Medical Center, 2000 Medical Parkway Rd, Annapolis. Certificates of attendance will be provided.