

! ATTENTION REHAB PATIENTS !

Your insurance requires that you obtain a new referral from your Primary Care physician for physical therapy services. Please obtain your referral prior to the start of therapy. If you are unable to obtain a referral, we will have to reschedule your appointment for another time.

Your referral should state:

- Orthopaedic and Sports Medicine Center Rehab Division
- The speciality should state – Physical Therapy or Occupational Therapy (hand therapy patients)
- The referral should state your specific condition/injury
- **Blue Choice** referrals should be written for **3** visits
- **John Hopkins Healthcare** referrals should be written for **12** visits
- **MDIPA/Optimum Choice** referrals should be written for **8** visits
- If you are a **State of Maryland employee** and your insurance is **MDIPA/Optimum Choice**, your referrals should be written for **6** visits

If you have any questions, please call our office.

ANNAPOLIS
410 280-4710

BOWIE
301 805-7004

BENFIELD
410 729-4508